



HILLGROVE GIRLS SOCCER 2026

Preseason Informational Meeting
12/3/2025

AGENDA



Sign In & Introduction of Coaches

Player / Parent Contact Information Sheets

- REMIND INFORMATION TO JOIN

Athletic Registration & Eligibility

Important Dates: Preseason Conditioning, Tryouts, etc.

Coaches Expectations

Questions

- **Returning Seniors – Please Stay Behind at the end for additional information** .



hillgrovehawkssoccer



hillgrovesoccer.org



hillgrovesoccer

VARSITY COACHES

Varsity Girls Head Coach – Shannon Center

▪ Shannon.Center@cobbk12.org

Varsity Girls Assistant Coach – Sean Lewis

▪ Sean.Lewis@cobbk12.org

JV COACHES

JV Girls Head Coach – Jordan Ivey

▪ Jordan.Ivey@cobbk12.org

JV Girls Assistant Coach – Sarah Bowers

▪ Sarah.Bowers@cobbk12.org



PLAYER CONTACT INFORMATION

2026 Pre-Season Remind

- **Stay up to date with Information regarding:**
 - **Meetings, Conditioning, Physicals and Registration Deadlines.**
 - **Join Using The Information To The Right If Not Already Connected.**
- **New Players:**
 - **Please Fill Out a Player Information Forms Document.**
- **Returning Players:**
 - **Please Verify Contact Information on Spreadsheet.**
 - **Initial if all is still the same**
 - **If Corrections Are Necessary, Cross Information Out On The Front and Update On The Back of The Sheet.**



Pre-Season Remind

Pick a way to receive messages for Girls Soccer 2026 - Preseason:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/8444gf

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message @8444gf to the number 81010.

If you're having trouble with 81010, try texting @8444gf to (415) 780-9457.

*Standard text message rates apply.



ATHLETIC REGISTRATION & ELIGIBILITY



ALL PROSPECTIVE ATHLETES

MUST BE CLEARED THROUGH THE ATHLETICS

**OFFICE PRIOR TO PARTICIPATING IN ANY
PROGRAM/TEAM ACTIVITIES.**

- **THIS IS A COUNTY MANDATE AND IS NON-NEGOTIABLE**

TO REGISTER, PLEASE FOLLOW THESE INSTRUCTIONS:

- Please Visit the Hillgrove Soccer Website for links and instructions on how to complete Athletic Registration requirements for your athlete:
 - <https://www.hillgrovesoccer.org/athletic-registration>

HOME GIRLS SOCCER BOYS SOCCER SUPPORT BOOSTER CLUB MEDIA BUY TICKETS CONTACT CAMPS

H
SOCCER

HILLGROVE HIGH SCHOOL SOCCER

Celebrating 16 Seasons
Member GHSA Region 3AAAAAAA

GIRLS SOCCER: State Playoffs: 2009, 2011-2024 | State Elite 8: 2011, 2013, 2016, 2018, 2019, 2024
BOYS SOCCER: State Playoffs: 2007-2011, 2014, 2016-2024 | State Elite 8: 2014, 2018, 2019 | State Final Four: 2009, 2022

**Cobb County Student Athlete
Athletic Registration Process**



IMPORTANT DATES

September 9th, 2025

Player Informational Soccer Meeting 7:50am & 3:45pm

November 1st, 2025

Physicals Should be on file with Athletic Office

- **Physicals are valid for (1) Calendar Year.**
 - **If Last Year's Physical has not yet expired, please upload and submit for this year's Athletic Registration**
 - **This will need to be replaced once the expiration date is reached.**

November 4th

Preseason Conditioning Begins

- **Monday, Tuesday, Wednesday, Thursday from 4:00 to 5:15 Daily**
- **Players should be dressed out and ready to begin before 4:00 each day.**

January 20th – 23rd

2026 Season Tryouts

- **All Planning to Try Out MUST BE CLEARED by the Athletic Office to Participate**
 - **If not yet cleared, we as coaches are required to send them home and may not remain on site until they are cleared.**
 - **PLEASE KNOW - Clearance Process IS NOT Instant and will take at least a few days for clearance to be received.**

January 26th

Team Specific Practices Begin

February 3rd

Kickoff Dinner - Hillgrove Cafeteria 7:00pm (Uniforms Distributed*)

February 5th – April 15th

Regular Season Games



IMPORTANT DATES CONTINUED

February 3rd

Kickoff Dinner

March 6th

Teacher Appreciation Night

March 12th – 14th

Jekyll Island Tournament of Champions (TOC)

March 20th

SENIOR NIGHT

March 24th

Youth Night

April 21st

State Playoffs Begin

▪ 4/21-22

Round 1

▪ 4/28-29

Sweet 16

▪ 5/5-6

Elite Eight

▪ 5/8-9

Final Four

▪ 5/13-16

Championship Week

May 12th

End of Season Banquet

EXPECTATIONS



Athletic Registration / Sports Physicals – Due by November 1st

- Must register through ParentVUE account
 - Melissa.Garrido@cobbk12.org can help with any problems
- **All steps MUST BE COMPLETED and CLEARED through Athletics Office, at least 1 Week prior to Tryouts.**

Mandatory Player Meetings

Behavior (Grades, Tardies, Teacher Emails, Vaping, Drug & Alcohol Policy, Social Media, Bullying Policy)

Conditioning

Tryouts

Season

- 3 practices per week (4-5:45 pm)
 - **NOTE: On days where Hillgrove's turf is not available our teams train at Mud Creek**
- 2 games per week (JV = M, Th w/6:00 or 7:30 start; Varsity = Tue, Fri w/6:00 or 8:00 start)

Player Code of Conduct

Winter Break / Spring Break

- **Winter Break = JV & Varsity Girls Teams Will Not Have Practice or Games**
- **Spring Break = JV & Varsity Girls Teams Will Not Have Practice or Games**

QUESTIONS



Are there any Questions today?

If you or your parents happen to have a question after the meeting, please feel free to reach out via REMIND or email any or all of the coaches at the following:

- **Coach Center:** Shannon.Center@cobbk12.org
- **Coach Lewis:** Sean.Lewis@cobbk12.org
- **Coach Ivey:** Jordan.Ivey@cobbk12.org
- **Coach Bowers:** Sarah.Bowers@cobbk12.org



PARTING WORDS

**THE MAGIC YOU ARE SEEKING
IS IN THE WORK YOU ARE AVOIDING.**

**WE WILL NOT WIN THIS YEAR'S
GAMES WITH LAST YEAR'S GOALS.**

RETURNING SENIORS:

Please See Coach Center and Coach Lewis Before Leaving.